

Water Quality Standards Handbook

Chapter 5: General Policies

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[\(40 CFR 131.13\)](#)

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Introduction

As specified in [40 CFR 131.13](#), states and authorized tribes may, at their discretion, adopt certain policies into their water quality standards (WQS) that generally affect how their WQS are applied or implemented.¹ Examples of such general policies include those affecting mixing zones, critical low flows, and WQS variances. As the regulation indicates, states and tribes are not required to adopt general policies. However, if a state or tribe chooses to adopt a general policy, such policies are subject to EPA review and approval or disapproval under Section 303(c) of the [Clean Water Act \(CWA\)](#) if they constitute new or revised WQS (see [Chapter 1](#) of this Handbook). This chapter provides an overview of three types of general WQS policies. In particular, Section 5.1 of this chapter discusses mixing zones, Section 5.2 discusses critical low flows, and Section 5.3 discusses variances.

5.1 Mixing Zones

A mixing zone is a limited area or volume of water where initial dilution of a discharge takes place and where certain numeric water quality criteria may be exceeded. The [CWA](#) does not require that all criteria be met at the exact point where pollutants are discharged into a receiving water prior to the mixing of such pollutants with the receiving water. Sometimes it is possible to expose aquatic organisms to a pollutant concentration above a criterion for a short duration within a limited, clearly defined area of a waterbody while still maintaining the designated use of the waterbody as a whole. Where this is the case, a state or authorized tribe may find it appropriate to allow ambient concentrations of a pollutant above the criterion in small areas near point-source outfalls (i.e., mixing zones).

Mixing zones do not constitute new state or tribal criteria or changes to the state- or tribe-adopted and EPA-approved criteria. Therefore, the narrative and/or numeric criteria for the waterbody are still the applicable criteria within the boundaries of the mixing zone. A mixing zone simply authorizes an applicable criterion to be exceeded within a defined area of the waterbody while still protecting the designated use of the waterbody as a whole. Since 1983, the guidance in this Handbook has described mixing zones as areas where criteria may be exceeded rather than areas where criteria do not apply.

¹ Throughout this document, the term “states” means the fifty states, the District of Columbia, the Commonwealth of Puerto Rico, the Virgin Islands, Guam, American Samoa, and the Commonwealth of the Northern Mariana Islands. The term “authorized tribe” or “tribe” means an Indian tribe authorized for treatment in a manner similar to a state under [CWA](#) Section 518 for purposes of Section 303(c) WQS.

By authorizing a mixing zone, states and tribes allow some portion of the waterbody to mix with and dilute particular wastewater discharges before evaluating whether the waterbody as a whole is meeting its criteria. In addition to the WQS regulation at [40 CFR 131.13](#) described above, the use of dilution is supported by the National Pollutant Discharge Elimination System (NPDES) permitting regulation at [40 CFR 122.44\(d\)\(1\)\(ii\)](#), which requires the permitting authority to consider, where appropriate, “the dilution of the effluent in the receiving water” when determining whether a discharge causes, has the reasonable potential to cause, or contributes to an instream excursion above a criterion. Depending on the state or tribal WQS and implementation policies, a consideration of dilution could be expressed in the form of a dilution allowance or a mixing zone. A dilution allowance typically is expressed as the flow or portion of the flow of a river or stream and is typically applied in flowing waters where rapid and complete mixing occurs. A mixing zone is typically applied in any waterbody type in which incomplete mixing occurs. For more information, see [Chapter 6 of the NPDES Permit Writers’ Manual \(2010\)](#).

While mixing zones serve to dilute concentrations of pollutants in effluent discharges, they also allow increases in the mass loading of the pollutant to the waterbody (more so than would occur if no mixing zone were allowed). Therefore, if not applied appropriately, a mixing zone could adversely affect mobile species passing through the mixing zone as well as less mobile species (e.g., benthic communities) in the immediate vicinity of the discharge. Because of these and other factors, mixing zones should be applied carefully so that they do not result in impairment of the designated use of the waterbody as a whole or impede progress toward the CWA goals of restoring and maintaining the physical, chemical, and biological integrity of the Nation’s waters. Keeping this in mind, a state or tribe has the discretion to choose whether to authorize mixing zones and adopt a mixing zone policy. However, as described below, if a state or tribe chooses to adopt a mixing zone policy, such a policy is generally considered a new or revised WQS that must be adopted into state or tribal law and approved by the EPA before it is effective for CWA purposes.

An important note is that “mixing zone” is used in multiple ways. A *mixing zone policy* is a legally binding state or tribal policy that is adopted into WQS and describes the general characteristics of and requirements associated with mixing zones without taking into account site-specific information. The EPA generally views such mixing zone policies as constituting new or revised WQS that require EPA review and approval or disapproval under Section 303(c) of the CWA. Consistent with the four-part test described in [What is a New or Revised Water Quality Standard Under CWA Section 303\(c\)? Frequently Asked Questions \(2012\)](#) and [Chapter 1](#) of this Handbook, a state or tribal mixing zone policy is a legally binding provision that is adopted into state or tribal law (part one), and it addresses the criteria component of WQS (part two). Additionally, a mixing zone policy expresses a desired condition in the waterbody to allow flexibility in meeting the applicable criteria within certain areas of the waterbody (part three), and if it is a new provision or revises an existing policy (part four), it clearly meets the requirements to be a new or revised WQS.

On the other hand, an *individual, site-specific mixing zone* is authorized for a particular point-source discharge in accordance with a state or tribal mixing zone policy and accounts for the site-specific characteristics of a particular discharge and receiving water. An individual mixing zone is defined and implemented through the NPDES permitting process. The EPA does not view individual mixing zones

as constituting new or revised WQS requiring EPA review under Section 303(c). Like a mixing zone policy, an individual mixing zone is a legally binding provision that is established pursuant to state or tribal law (part one), and it addresses the criteria component of WQS (part two). However, unlike a mixing zone policy, an individual mixing zone does not express or establish a desired condition in the waterbody (part three). Instead, the individual mixing zone is used to establish appropriate water quality-based effluent limits (WQBELs) for a specific discharger's NPDES permit. An individual mixing zone also does not establish a new provision or revise an existing provision (part four). Rather, it implements a WQS (i.e., the state or tribal mixing zone policy) for a specific discharger using site-specific information.

Additionally, any time an effluent is discharged into a receiving water, there will be a zone of *actual or physical mixing* in which the discharge and receiving water naturally mix regardless of whether a mixing zone, in the regulatory sense, has been authorized. Such actual mixing is described using field studies and a water quality model and is used in establishing an individual, site-specific mixing zone for a particular discharge.

The authorization of mixing zones under incompletely mixed discharge and receiving water situations pre-dates the CWA. The EPA's current mixing zone guidance, contained in this Handbook, the [Technical Support Document for Water Quality-based Toxics Control \(TSD\) \(1991\)](#), and the [NPDES Permit Writers' Manual \(2010\)](#), evolved from previous guidance from the EPA and its predecessor agencies on the use of mixing zones as a regulatory tool to address the incomplete mixing of wastewater discharges in receiving waters. This Handbook describes the EPA's recommendations for state and tribal mixing zone policies. The other two documents listed above describe the technical and permitting aspects of defining individual, site-specific mixing zones for point-source discharges during the NPDES permitting process. Additional information on mixing zones can also be found in the EPA's [Compilation of EPA Mixing Zone Documents \(2006\)](#) and [Advanced Notice of Proposed Rulemaking for Water Quality Standards \(1998\)](#).

5.1.1 Recommended Contents of State and Tribal Mixing Zone Policies

The EPA recommends that states and authorized tribes adopt, at a minimum, a definitive statement into their WQS specifying whether the state or tribe intends to authorize mixing zones. Consistent with the discussion above, where a mixing zone is authorized, water quality criteria are met at the edge of the mixing zone during critical low-flow conditions (which are described in Section 5.2 of this chapter) so that the designated use of the waterbody as a whole is protected. If a state or tribe chooses to adopt a mixing zone policy, such a policy should ensure the following:

- Mixing zones do not impair the designated use of the waterbody as a whole.
- Pollutant concentrations within the mixing zone are not lethal to organisms passing through the mixing zone.²

² Lethality is a function of the magnitude of a pollutant concentration and the duration an organism is exposed to that concentration. Section 4.3.3 of the [TSD \(1991\)](#) describes various

- Pollutant concentrations within the mixing zone do not cause significant human health risks considering likely pathways of exposure.
- Mixing zones do not endanger critical areas such as breeding or spawning grounds, habitat for threatened or endangered species, areas with sensitive biota, shellfish beds, fisheries, drinking water intakes and sources, or recreational areas.

Because pollutant concentrations may exceed numeric criteria within mixing zones, these elevated concentrations could adversely affect the productivity of the waterbody and have unanticipated ecological consequences. Therefore, the EPA recommends that the use of mixing zones in the development of WQBELs in NPDES permits be carefully evaluated and appropriately limited on a case-by-case basis in light of the overarching requirement to protect the designated use of the waterbody as a whole pursuant to [40 CFR 131.10](#).

Due to potential additive or synergistic effects of certain pollutants that could result in the designated use of the waterbody as a whole not being protected, state and tribal mixing zone policies should specify, and permitting authorities should ensure, that mixing zones do not overlap. Additionally, the EPA recommends that permitting authorities evaluate the cumulative effects of multiple mixing zones within the same waterbody. The EPA has developed a holistic approach to determine whether a mixing zone is appropriate based on such cumulative effects considering all of the impacts to the designated uses of the waterbody (see [Allocated Impact Zones for Areas of Non-Compliance \(1995\)](#)). If the total area affected by elevated concentrations within all mixing zones combined is small compared to the total area of the waterbody in which the mixing zones are located, then mixing zones are likely to have little effect on the designated use of the waterbody as a whole, provided that they do not impinge on unique or critical habitats. As understanding of pollutant impacts on ecological systems evolves, states and tribes may find specific cases in which no mixing zone is appropriate.

States and tribes that choose to adopt mixing zone policies should describe the general procedures for defining and implementing mixing zones in terms of location, maximum size, shape, outfall design, and in-zone water quality, at a minimum. Such policies should be sufficiently detailed to support regulatory actions, issuance of permits, and determination of best management practices for nonpoint sources.

The EPA recommends that specific characteristics of an individual mixing zone for a specific discharger be defined on a case-by-case basis using the state or tribal mixing zone policy. This site-specific assessment would ideally take into consideration the physical, chemical, and biological characteristics of the discharge (including the type of pollutant discharged) and receiving waterbody; the life history and behavior of organisms in the receiving waterbody; and the designated uses of the waterbody.

Location

methods for preventing lethality to organisms passing through a mixing zone.

States and authorized tribes should restrict the potential locations of mixing zones as a way to protect stationary benthic organisms and human health from the potential adverse effects of elevated pollutant levels. In addition, states and tribes should prohibit mixing zones where they may endanger biologically important and other critical areas that the state, tribe, or federal government has identified. These include breeding and spawning grounds, habitat for threatened or endangered species, areas with sensitive biota, shellfish beds, fisheries, drinking water intakes and sources, and recreational areas.

Pollutant concentrations above the chronic aquatic life water quality criterion may prevent sensitive taxa from living and reproducing successfully within the mixing zone. In this regard, benthic and territorial organisms may be of greatest concern in protecting aquatic life within a mixing zone. The higher the pollutant concentrations occurring within the mixing zone, the more taxa are likely to be adversely affected, thereby affecting the structure and function of the ecological community and, potentially, the designated use of the waterbody as a whole.

For protection of human health, states and tribes should restrict mixing zones such that they do not result in significant human health risks when evaluated using reasonable assumptions about exposure pathways. For example, where drinking water contaminants are a concern, the mixing zones should not encroach on drinking water intakes and sources. Where fish tissue residues are a concern (either because of measured or predicted residues), mixing zones should not result in significant human health risks to average and sensitive subpopulations of consumers of fish and shellfish after considering exposure duration of the affected aquatic organisms in the mixing zone and the patterns of fisheries use in the area. Where waters are designated for primary contact recreation, mixing zones for bacteria should not result in significant human health risks to people recreating in such waters. In all cases, it is critical that the designated use of the waterbody as a whole is protected.

Size

In order to protect the designated uses of the waterbody as a whole, pollutant concentrations within any mixing zone should not be lethal to mobile, migrating, and drifting organisms in the waterbody or cause significant human health risks considering likely pathways of exposure. One means of achieving these objectives is to limit the size of the mixing zone.

Most states and authorized tribes allow mixing zones as a matter of policy but also specify general spatial dimensions that limit their size. States and tribes have developed various methods of defining the maximum allowable size of mixing zones for various types of waters. State and tribal policies dealing with streams and rivers often limit mixing zone widths, cross-sectional areas, and/or flow volumes and allow lengths to be determined on a case-by-case basis. For lakes, estuaries, and coastal waters, dimensions are usually specified by surface area, width, cross-sectional area, and/or volume. The EPA recommends that states and tribes use methods that result in quantitative measures sufficient for permitting authorities to develop WQBELs in a transparent and straightforward manner.